

Burdened - Part 4

Sunday, July 21, 2019
10:30 AM

I never intended to preach a 4 week series on this topic, but it seems that God just won't let me move on. In fact, he gave me a dream on Friday night that reinforces in my heart the fact that He has more to say on the subject of burdens.

Illustration: Dream of my brother loosing 2 teenage sons, facebook page
(Remembering Josh Grier)

I think we carry more burdens that we like to admit. Sometimes it's hard for us to even open up to the Lord about the burdens in our hearts

Last week we took a look at some passages in Exodus and said that when it comes to our Burdens we must

CONTINUE TO BELIEVE...

- That He hears your cries
- That He cares for you
- That He will bring you out

CONTINUE TO TRUST

- That He will break the bondage of the Enemy
- That He will provide what you need
- That He will make a way where there is no way

CONTINUE TO FOLLOW

CONTINUE TO OBEY

Today I want to look at one more passage of scripture that points us to Jesus as the source of our relief from the burdens we carry

Matthew 14:22-33 (NIV)

22 Immediately Jesus made the disciples get into the boat and go on ahead of him to the other side, while he dismissed the crowd. **23** After he had dismissed them, he went up on a mountainside by himself **to pray**. Later that night, he was there alone, **24** and the boat was already a considerable distance from land, **buffeted by the waves** because the wind was against it.

25 Shortly before dawn Jesus went out to them, walking on the lake. **26** When the disciples saw him walking on the lake, they were terrified. “It’s a ghost,” they said, and cried out in fear.

27 But Jesus immediately said to them: “Take courage! It is I. Don’t be afraid.”

28 “Lord, if it’s you,” Peter replied, “tell me to come to you on the water.”

29 “**Come**,” he said.

Then Peter got down out of the boat, walked on the water and came toward Jesus. **30** But when he saw the wind, **he was afraid and, beginning to sink**, cried out, “**Lord, save me!**”

31 **Immediately Jesus reached out his hand and caught him.** “**You of little faith**,” he said, “why did you doubt?”

32 And when they climbed into the boat, the wind died down. **33** Then those who were in the boat worshiped him, saying, “Truly you are the Son of God.”

Mark 6:45-52 (NIV)

45 Immediately Jesus made his disciples get into the boat and go on ahead of him to Bethsaida, while he dismissed the crowd. **46** After leaving them, he went up on a mountainside to **pray**.

47 Later that night, the boat was in the middle of the lake, and he was alone on land.

48 **He saw the disciples straining at the oars, because the wind was against them.**

Shortly before dawn he went out to them, walking on the lake. He was about to pass by them, **49** but when they saw him walking on the lake, they thought he was a ghost. They cried out, **50** because they all saw him and were terrified.

Immediately he spoke to them and said, “Take courage! It is I. Don’t be afraid.” **51** Then he climbed into the boat with them, and the wind died down. They were completely amazed, **52** for **they had not understood about the loaves; their hearts were hardened.**

1. Jesus sees our struggles

Psalm 31:7 (NIV)

7 I will be glad and rejoice in your love, for you saw my affliction and knew the anguish of my soul.

2. Jesus is on the way

Hebrews 10:37 (NIV)

37 For, "In just a little while, he who is coming will come and will not delay." [

3. Jesus bids us come to Him

Matthew 11:28-29 (NIV)

28 "Come to me, all you who are weary and burdened, and I will give you rest.

29 Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.

4. Jesus lifts us up and gets us back into the boat

Isaiah 41:10 (NIV)

10 So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

Psalm 40:1-2 (NIV)

For the director of music. Of David. A psalm.

1 I waited patiently for the Lord; he turned to me and heard my cry. 2 He lifted me out of the slimy pit, out of the mud and mire; he set my feet on a rock and gave me a firm place to stand.

5. Jesus calms our storms

VIDEO: Waymaker

6. Jesus wants us to have faith

Notice where Jesus wants faith to begin. Some may say in the midst of the storm but I say it starts even though earlier than that. Before the storm even appears. Because that faith will get us through the storm it will give us power over the storm

Ephesians 6:16 (NIV)

16 In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one.